My Time at Carson Street School

Early Intervention and Parent Support for children aged 1-4 years.

Clothing

Children will need to wear clothing that is comfortable and allows freedom of movement for gross motor activities. Many of our activities that promote fine motor development involve “messy” play, and although we provide aprons it is advisable to dress your child in clothes that you don’t mind getting dirty.

Absences

If you are unable to attend a session it would be appreciated if you could phone prior to the commencement of the session. If the facilitator is ill and a relief teacher is unavailable the session may be cancelled and you will be notified as soon as possible. Please ensure your contact details are kept current.

Siblings

Infant siblings are welcome to attend My Time with their parents. We recommend finding alternative care arrangements for older siblings so that you may spend quality time with your child without distractions. If this is not possible please talk to your group facilitator.

Toileting

Nappy change facilities are available. As children get nearer to kindergarten age, toileting and hand washing will be integrated into the program.

Visitors

Extended family members and therapists are welcome to attend sessions. Please provide prior notice to avoid too many adults in the room at one time. If parents are unable to attend they may nominate another family member to accompany their child to the session.

Carson Street School is an Independent Public School

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**Floor Time**
Children are encouraged to play with a variety of toys which encourage turn taking, sharing and communication. Pre-Kindy children use this time to practice puzzle and pre-reading skills.

**Mat Time**
Sitting on the mat appropriately and raising their hands are objectives that are developed during this time. Each term new songs and rhymes stimulate the development of listening, attending, imitation, language and group participation skills. The use of Key Word Signing is also encouraged.

**Activity Time**
Children have the opportunity to engage in a range of activities that will reinforce and extend their development. These activities may include fine motor tasks, painting, pretend play and early math and reading skills.

**Gross Motor Skills**
Each session activities are planned to promote locomotion, balance, ball skills and coordination. These skills may be encouraged through incidental or structured activities.

**Drink/Snack Time**
Snack time provides children with the opportunity to practice appropriate table manners, develop independent feeding skills and interact with their peers. It is also an opportunity for parents to ask for advice or discuss topics from the My Time wheel. Your group facilitator may also use this time to share with you current information from the Parenting Research Centre.

**Working With Your Child**

**Include**
- Join in your child’s play
- Look closely – share a close space

**Interpret**
- Treat all sounds/movements as intentional messages
- Say or do “as he would, if he could”

**Imitate**
- Copy actions and sounds

**Intrude**
- Insist on joining in – even if you are not welcome at first

Stress | Show | Go Slow | Say Less